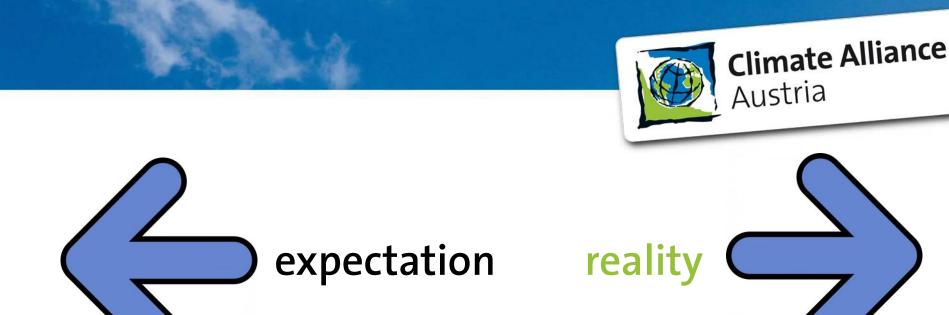


Marketing and awareness raising for sustainable mobility

Hannes Höller Climate Alliance Austria

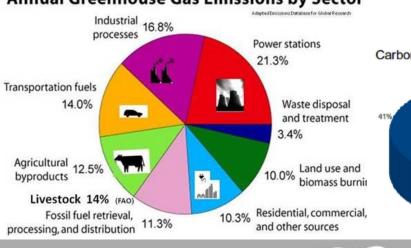
March 2017

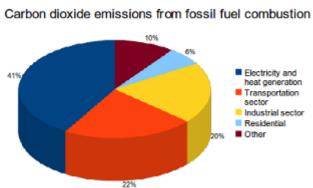




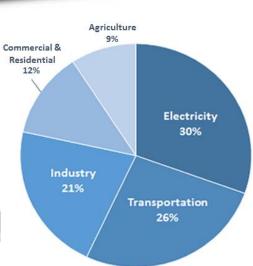


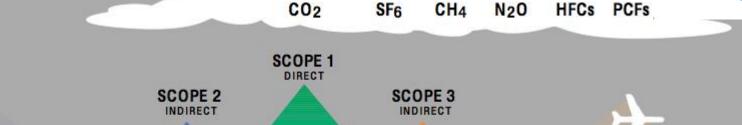
Annual Greenhouse Gas Emissions by Sector





RAW MATERIALS PROCESSING





COMPANY OWNED

VEHICLES

PURCHASED ELECTRICITY









Cyclists are a diverse group. Some of us ride fat tires down rocky trails, some of us ride road bikes up burly hills, some of us ride for sport and some of us ride just for fun. Some ride for the adrenaline rush and some ride their bikes for basic transportation.

Bicycling, along with being the most efficient mode of human locomotion, is also one of the best all-around activities for improving our health and communities.

COALITION

www.atlantabike.org • www.peoplepoweredmovement.org



OF AMERICANS SAY THEY WOULD LIKE MORE BIKE FACILITIES IN THEIR COMMUNITIES.

Source: National Highway Traffic Safety Administration



Studies have shown that homes closer to bike paths are more valuable.



BALANCE -

Cycling produces the balance between exertion and relaxation which is so important for the body's inner equilibrium.

HEART -

All the risk factors that lead to a heart attack are reduced and regular cycling reduces the likelihood of heart attack by more than 50%.

COORDINATION -

Moving both feet around in circles while steering with both your hands and your body's own weight is good practice for your coordination skills.

MUSCLES -

A week of inactivity reduces the strength of the muscular system by up to 50% and can harm them long-term. During cycling, most of the body's muscles are activated.

MENTAL HEALTH Cycling has a relaxing effect due to

uniform, movement which stabilizes physical and emotional functions. It reduces anxiety, depression and other psychological problems.

BACK PAIN

Cycling posture is optimum. and the cyclic movement of the legs stimulates muscles in the lower back.

WAISTLINE

Cycling is ideal for targeting problem areas. It enables people who can not move easily to exercise. It increases fitness and stimulates the body's fat metabolism.

- JOINTS

The circular movement of cycling assists the transport of energy and other metabolic produces to the cartilages, reducing the likelihood of arthrosis.

Source: Cavill N, Davis A, 2007. "Cycling and Health: what's the evidence?" Cycling England.

ONA

ROUND

TRIP

OF TEN

MILES,

CYCLISTS

SAVE

AROUND

\$10.00

A DAY



More than three times as many new bicycles (14.9 million) are sold in the U.S. each year than cars (4.6 million)

Source: National Bicycle Dealers Association, 2010

CYCLING/WALKING PROJECTS

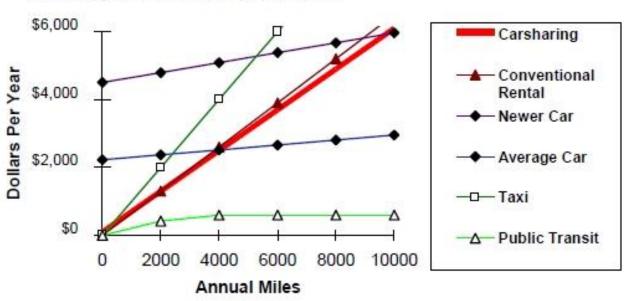
COMPARED TO JUST 7 JOBS CREATED PER \$1 MILLION SPENT ON HIGHWAY PROJECTS

Source: The Alliance for Biking & Walking Benchmarking Project

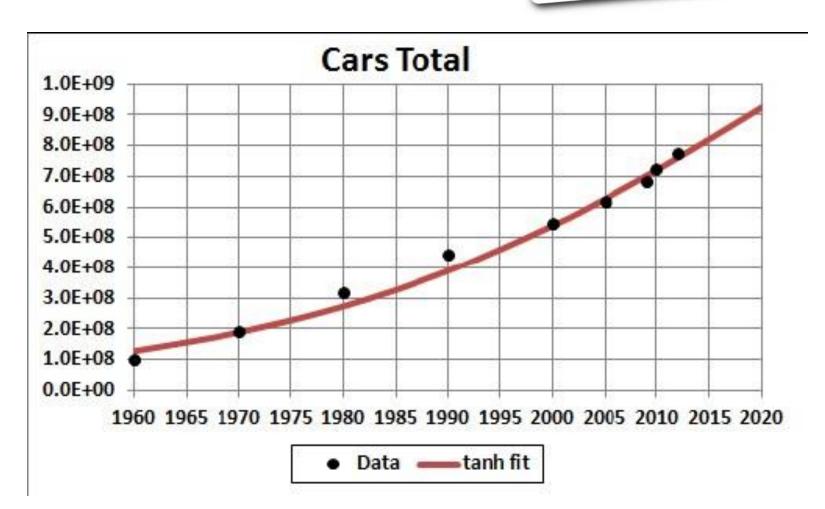


Carsharing Benefits Victoria Transport Policy Institute

User Expenses for Various Modes⁵









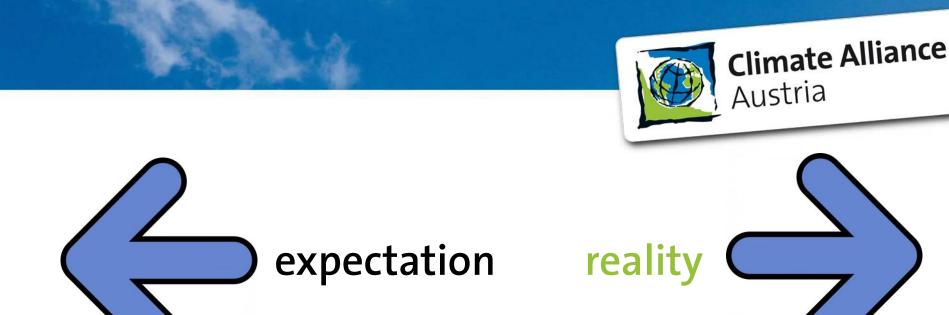


Human mobility can increase

risks and vulnerabilities

Human Mobility at COP22

7-18 November 2016, Marrakesh







10 to 90.

Where are your decisions made?



emotions



- 1: Real athletes ride bicycles.
- 2: Bright children riding bicycle.
- 3: Your fitness studio.









role models

- 1: Ignazio Marino (Mayor of Rome 2015).
- 2: Thomas Steiner (Mayor of Eisenstadt).
- 3: Anna Wehofschitz (90 years old).







4 windows of opportunity.









Axams mobil

Axams mobil ist die bürgernahe Anlaufstelle unserer Gemeinde für alle Fragen rund um **klimafreundliches Verkehrsverhalten.** Auf **Axams mobil** finden Sie **Auskunft und Serviceleistungen** zum öffentlichen Bus- und Bahnangebot, Tipps und Hinweise für Radfahrer und Fußgänger sowie Informationen zur Fahrplatzvermittlung *compano-tirol.at* und zum Sprit sparenden Autofahren.

Mobilitätsauskunft am Gemeindeamt

Welche öffentlichen Verkehrsmittel fahren in der Früh Richtung Innsbruck? Wie komme ich auf schnellstem Weg nach Telfs? **Herr Matthias Riedl** steht Ihnen mit **Fahrplanauskünften** zum öffentlichen Verkehrsangebot – mit allen Abfahrtszeiten, Umsteigemöglichkeiten und Anschlüssen – persönlich zur Verfügung. Zudem trägt Herr Riedl Sie gerne in die **Fahrplatzvermittlung** *compano-tirol.at* ein. Die Serviceangebote können Sie selbstverständlich auch telefonisch in Anspruch nehmen.

Matthias Riedl Tel. 05234/68110-71

Tirol mobil

Tirol MOBIL

Gemeinden mobil

Gemeinden MOBIL

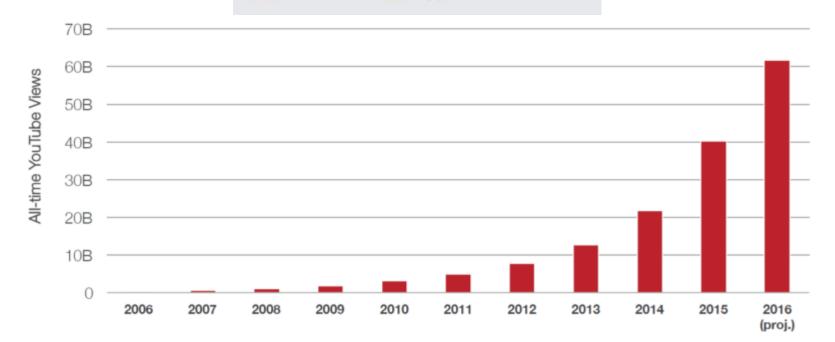
timetable for the bus cycling map

ticket information carsharing





facebook Community Update 1+ Billion 1.55 Billion people on Facebook each day aircraft to beam Announced first 900 Million people using Groups satellite launch 8+ Billion video views each day Introduced M 700 Million digital assistant 15+ Million Internet.org Announced 400 Million 45+ Million Gear VR using Pages









Give your message a personal touch.

- Armin Wolf (ORF)
- Christoph Chorherr (Gemeinderat, Wien)
- Johannes Pressl (Bürgermeister, Ardagger in NÖ)

Local or global information?

- Nearly three quarters (72%) of adults are quite attached to following local news and information.
- Use your websites and community newspaper





Your double-check.

Recommendation for all texts, folders and posters.

- 1. Who is my target group?
- 2. How do I get people to act?



inform, motivate & activate



Take part in the mobility week

EUROPEAN**MOBILITY**WEEK invites local politicians and the public to experience the benefits of shared mobility.

Theme 2017: Clean, shared and intelligent mobility.

www.mobilityweek.eu





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